

Safeguarding Consultancy & Training

Safeguarding people of all ages, in all places

Experience - Excellence - Empathy

Creating Safer Environments By Delivering Outstanding Safeguarding Training, Expert Guidance, Services And Support

OUR RLB STRATEGIC PARTNERS

experian.

Wellbeing Lead Academy

patronus

EVENT SAFEGUARD CONSULTANCY
Delivering a safer tomorrow, together

SYNERGY SAFEGUARDING

FiN

CalmCompliance

"Bringing trusted partners together to deliver safer, stronger safeguarding."

About RLB

Rachael Bishop founded RLB Safeguarding Ltd in 2020 during the COVID-19 pandemic, with a vision to create an organisation driven by strong values, meaningful impact, and a commitment to exceeding expectations.

At a time of uncertainty and adversity, Rachael wanted to build a business that would make a genuine difference through high-quality safeguarding support, training, and consultancy.

With over 21 years of safeguarding experience, Rachael has worked across child protection, social care, charities, primary, further and higher education, the NHS, mental health services, His Majesty's Prison and Probation Service, policing, substance misuse services, youth offending, and a range of corporate environments, supporting the safeguarding of children, adults, employees, and apprentices.

Rachael's experience as a strategic Designated Safeguarding Lead, Head of Safeguarding, Head of Human Resources, and Head of Employee Wellbeing has provided valuable insight into the challenges organisations face. This expertise has shaped the services RLB delivers today, ensuring our training, consultancy, audits, and support are practical, effective, and aligned with real-world safeguarding needs.

"Our goal is to empower all professionals, services, workplaces, and industries to understand their duty of care and to keep people of all ages safe. By promoting an inclusive and caring culture we can support people to know how and where to access support if they need it, and to simply achieve and thrive in life."

Our team is made up of expert consultants and trainers that support our customers with a range of experience and expertise. Check out our MEET THE TEAM page by clicking here: Here



Founder and MD
Rachael Bishop

Our mission Statement is to create safer environments by delivering outstanding safeguarding training, expert guidance, services, and support by:

- **Protecting individuals and groups at risk**
- **Empowering and educating professionals and organisations**
- **Providing first-class expertise in safeguarding and compliance**
- **Promoting safe environments and a culture of care.**

Safeguarding

Safeguarding is about the actions we take to prevent harm and promote the safety and wellbeing of people of all ages. Effective safeguarding thrives within a strong culture of care, where individuals feel empowered to raise concerns, challenge unsafe practices, and support both their own wellbeing and that of others.

Any organisation working with children and/or adults has a responsibility to follow safeguarding best practice and demonstrate how this is implemented, embedded, and making a positive impact.

Employers also have an important duty of care towards the wellbeing, psychological health, and physical safety of their employees and apprentices. By embedding a safeguarding framework alongside a mental health and wellbeing strategy, organisations can create safer, more inclusive environments where people feel supported and able to thrive. Safe, healthy, and motivated people are the foundation of strong communities and successful organisations.

When we invest in safety and wellbeing, we create positive outcomes for individuals, workplaces, and society as a whole.



"Working with RLB was so easy. RLB are experts in their field and take the time to understand your requirements so that they can tailor their work to fulfil the needs of the organisation. Highly recommended for any of your safeguarding and mental health in the workplace governance needs."

HR Officer - National Park Authority

Safeguarding people of all ages, in all places

Our services

What we do

At RLB Safeguarding, we specialise in supporting organisations and individuals from all industries to give them further confidence and competence in executing their duty of care towards keeping people of all ages safe, whether this being children or adults, service users, customers, or employees. We support any organisation or professional to strengthen their safeguarding knowledge, processes and culture using audit, supervision, consultancy, and accredited or bespoke training.



EXPERIENCE - EXCELLENCE - EMPATHY

CONSULTANCY **TRAINING** **AUDIT** **SUPERVISION**

Contact us

hello@rlbsafeguarding.co.uk
www.rlbsafeguarding.co.uk

Why choose us

At RLB, we are passionate about addressing the gaps, navigating the grey areas, and supporting organisations with the challenges that safeguarding can present.

We provide bespoke safeguarding solutions tailored to the needs of your organisation, ensuring practical, proportionate, and effective support every step of the way.

Our clients benefit from access to experienced, approachable safeguarding consultants who provide expert advice, complex case support, audits, consultancy, and accredited or bespoke training. Through our industry-leading audit services and innovative software, we help organisations strengthen safeguarding practice, demonstrate impact, and prepare confidently for inspection and regulatory scrutiny.

We also offer free monthly CPD opportunities through our Safeguarding Spotlight Series, providing access to learning, networking, and professional support with no membership fees.

Our services help organisations achieve legal compliance, strengthen governance, enhance reputation, and create safer environments for children, adults, employees, volunteers, and service users. By embedding a whole-organisation culture of care, we support people to feel safe, valued, and able to thrive.

Through robust safeguarding frameworks, measurable outcomes, self-assessment tools, and data reporting, organisations can evidence impact, monitor progress, and drive continuous improvement. We can also support organisations in strengthening funding applications and securing new opportunities.



"This is the best safeguarding training I have attended and that is due to the knowledge and delivery of the trainer, they made it really interesting and there was the right balance of group work and discussions."

Events Coordinator

Consultancy



Navigating the world of safeguarding can be challenging, particularly with evolving legislation, guidance, and best practice expectations.

RLB provides a range of consultancy services tailored to your organisation's needs, giving you access to experienced consultants who can support the implementation, embedding, and evaluation of effective safeguarding arrangements.

We also specialise in supporting organisations that have implemented, or are considering implementing, Mental Health First Aid and workplace wellbeing initiatives. Our consultants can help ensure legal compliance, strengthen an employer's duty of care, and provide governance and guidance for responding to crises, including situations involving self-harm or suicide risk.

Our Consultancy Services Include:

- Strategic safeguarding support
- Safeguarding strategy development and impact measurement
- Policy review and development
- Safeguarding action planning and risk assessments
- Bespoke one-to-one and group coaching
- Advice and guidance on complex cases
- Independent investigations and reports
- Turnaround and specialist projects
- Embedding a whole-organisation culture of care.

"RLB are excellent and trusted consultants and trainers with a wealth of knowledge. Their approach is effective and impactful and were able to transform our safeguarding strategy and culture."

Corporate Services Director- Apprenticeships Training Provider

Training

Training Services for any industry across every generation

- We offer a wide range of fully accredited safeguarding training programmes tailored to different industries, sectors, and levels of responsibility, from frontline staff through to senior leaders and board members.
- Our support begins with pre-course consultation and continues beyond delivery, ensuring training is relevant, impactful, and exceeds expectations.
- Alongside our accredited programmes, we design and deliver bespoke safeguarding training across a wide range of topics using engaging, blended learning approaches tailored to your organisation's needs.
- We also provide webinar development and hosting, keynote speaking, on-demand learning, workplace awareness sessions, and specialist masterclasses.
- In addition, we support organisations with the design, review, and development of bespoke training programmes and qualifications within safeguarding, mental health, wellbeing, and related fields.

OUR FULLY ACCREDITED COURSE OFFERS:

- Safeguarding for Leaders and Managers (Level 5)
- Advanced Designated Safeguarding Lead (Level 4)
- Advanced Designated Safeguarding Lead for Post-16 education (Level 4)
- Advanced Designated Safeguarding Lead for Events, Productions and Public Engagement (Level 4)
- Safeguarding Children and Adults (Level 3)
- Safeguarding Children and Adults in Events, Productions and Public Engagement (Level 3)
- Safeguarding Supervision Training (Level 3)

Contact us for a course pricelist. Group booking discounts are applied.



Brilliant experience with RLB - really engaging training, personalised to all the sectors attending. Content was really well pitched and delivered. Lots of opportunities for discussion and some useful resources/CPD opportunities shared.

Lead for Safeguarding- NHS Trust

The course exceeded my expectations. This was the best training I have attended- engaging, relevant and I gained knowledge and ideas to implement. Looking forward to working with RLB again!

Executive Principal- Vocational College

Audit and Review

A supportive process and audit tool to assess safeguarding arrangements, prepare for inspection and plan for improvement

- Our safeguarding audits provide a comprehensive review of your safeguarding arrangements, including policies, procedures, documentation, data, action plans, and risk assessments
- Using a deep-dive approach, we examine safeguarding and Prevent practices throughout the service user, employee, or volunteer journey, identifying strengths, gaps, and opportunities for improvement
- The audit includes focused discussions with key stakeholders, completion of a strategic audit tool alongside the Designated Safeguarding Lead (DSL), and practical recommendations tailored to your organisation
- To support long-term improvement, we provide one-to-one coaching and mentoring for the DSL, access to relevant templates and resources, and an audit framework that can be used to continue the audit cycle over the following 6–12 months
- Following completion, you will receive a comprehensive audit report, prioritised action plan, and full handover to support implementation and ongoing development.

Audit fees are tailored to organisational size, complexity, and the level of support required.



"RLB conducted a comprehensive safeguarding audit for our organisation and really took the time to truly understand our organisation, the diversity of roles we have, and the unique nature of our contracts, tailoring the audit to meet our specific needs. Throughout the process, our consultant maintained regular communication to ensure the audit aligned with our goals and recommendations provided have been invaluable, guiding our safeguarding team and leading to positive changes across the organisation. We are grateful for RLB's expertise and dedication.

Safeguarding Manager - Humanitarian Sector Charity

Audit Accreditation



Want to go a step further and gain recognition for your hard work and achievements?

RLB are proud to offer our **RLB SAFEGUARDING STANDARDS OF EXCELLENCE** which means we can award your organisation with an accredited quality mark.

If your organisation successfully meets our RLB Safeguarding Standards- you will be awarded with a 3 tiered standard based on meeting the standards by our Evaluation and Validation Board.

Our standard levels are:



BRONZE



SILVER



GOLD

Register your organisation

Complete the review process
Achieve
Renew

Contact us for a quote today.

Supervision

Supervision and coaching for safeguarding professionals

- 1-1 or group format
- Flexible supervision styles
- Monthly or bi-monthly
- Complex case discussions
- Operational and strategic planning
- Mentoring and coaching
- A consultant of your choice
- Monthly/termly and annual retainers.

Prices vary dependent upon organisation size and tiered level of support agreed.

Contact us for a quote today.





"I cannot recommend RLB highly enough. Over this year we have commissioned group supervision for the schools in our Trust from RLB. The professional, flexible and supportive service provided right through from the initial enquiry to the first sessions has been excellent. Time has been taken to understand what we need and how this may look in reality. Rachael and her team are knowledgeable safeguarding professionals who look at the individual needs of the customer to ensure they can provide exactly what is needed.

National Safeguarding Manager- National Academy Trust

Work with us

Our 3 Easy Steps To Securing Support:

- Book your **FREE** initial consultation to discuss and assess your existing practices, challenges, current culture, training needs, and requirements.
- RLB will provide a bespoke proposal detailing your full requirements and any recommendations.
- We will then agree cost, project timescales, relevant terms and conditions and get started!





Free CPD with our Spotlight Community

- Each month we also offer a complimentary CPD session/ opportunity for safeguarding professionals to come together and network, share stories and access support.
- Our lunch and learn session includes guest speakers, free training on a variety of topics and a networking forum.
- Check out our events page or sign up to our newsletters for your invites and get to know us!

FIND OUR SPOTLIGHT SERIES LINKS ON OUR EVENTS PAGE

BOOK NOW

Stay up-to-date

Did you know we post daily updates for legislation, guidance and resources across all industries for all ages?

By checking in regularly, you'll benefit from:

- Timely summaries of safeguarding news and policy changes.
- Practical guidance that translates legislation into action.
- Resources, tools and recommendations to improve practice.
- Sector-specific insights for education, workplaces, charities, health, housing and beyond.
- Thought leadership from experienced safeguarding professionals who understand the real-world challenges organisations face.



Our aim is simple: to help you move beyond compliance and create safer environments for everyone.

Visit regularly, subscribe to our updates and stay one step ahead in safeguarding.

Use the RLB Blog as your go-to resource for all safeguarding news.

Use the RLB Legislation and Guidance page for all things legal.

Organisations that trust RLB



Not sure what you need, feeling undecided, or just want to meet us?
Then contact us for a free consultation today!

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